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# The Solari Report

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AUGUST 15, 2013

**Coming Clean, Transforming  
Lives through the Power  
of Cleaning  
with Eunice Boston**



# Coming Clean, Transforming Lives through the Power of Cleaning

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**C. AUSTIN FITTS:** It's my pleasure today to welcome to *The Solari Report* Eunice Boston, who is a very dear friend and ally. And I'm going to introduce you to Eunice and her company, EBT Associates, by reading a letter that I wrote many years ago, so let me begin:

"Since 1987 I've looked to you and EBT Associates to make sure that all my places are wonderful. You have managed my homes and my offices. You have moved me, decorated me, catered me, and cleaned and spring-cleaned all my apartments and houses as well as my company's offices for many years. The quality of the service has been so extraordinary that I asked you to set up a company and a team in Washington to handle our work when we started a company in Washington.

All of EBT Associates services are excellent. Each specific task is done well. Every effort is made to understand what I want accomplished and to ensure that I get the results I want. What always astonishes me is how you and your team manage to see many opportunities that I did not see to make our lives more comfortable, so the results are always better than I envision possible.

What is particularly remarkable is the quality of your team. They are nice. They are intelligent. They're people of character and integrity. How many times have I come home to find the money left in my jean pockets that was put in the wash, laid out and dried neatly on the table?

How many times have I felt safe because it was EBT Associates working at nights and watching over our proprietary computer's databases and



confidential information? How many times has your team communicated the importance to the people around me and who work for me how much I care about them and the safety and wellbeing of the environment in which they work together?

I appreciate so many things about what you have done for me. In 20 years of business, I've never had a partner, or a company that worked for us, add so much value as consistently as you and EBT Associates. You are dedicated to the total success of the people and companies that you serve so excellently. You enjoy their success. Truly you give tremendous energy wherever you go.”

And so with that, Eunice Boston, welcome to *The Solari Report*, and could you introduce your two wonderful colleagues that have joined us here today?

**EUNICE BOSTON:** Thank you, Austin, and thank you for the opportunity to have us here with you today. Millie Palmer and Courtney McFarquhar, you can say hello.

**MILLIE PALMER:** Hi. This is Millie.

**COURTNEY MCFARQUHAR:** Hi. This is Courtney.

**EUNICE BOSTON:** And...

**C. AUSTIN FITTS:** And so, Eunice, walk us through it. What is cleaning?

**EUNICE BOSTON:** What is cleaning?

**C. AUSTIN FITTS:** What is cleaning and why is it so transforming? Our title is “Transforming Lives through the Power of Cleaning,” so what is cleaning, and why is it so transforming?

**EUNICE BOSTON:** Cleaning is a transformation. It's a self-expression. It's – you can call it dedication to one's self, one's awareness, your space, your environment, in the way you live and you want to clean it. And by



cleaning, I mean cleaning, not spray incense, not pushing the dirt under the rug but cleaning, rolling up your sleeves, getting down and cleaning.

When you clean, you pretty much walk into each room in your home, house, wherever you live, and you assess. The best way to do it is to assess each room. Look at it from a perspective of, “What do I need to clean today? What’s dirty?”

And you may think it’s clean, but as you look at things, like the moldings and the baseboard and dust collected here and there, then you’ll see. Your perception will change in terms of what you need to do.

**C. AUSTIN FITTS:** So in my experience – because as you know, I’ve had many years of – I used to think that I liked cleaning until I met you, and you completely reinvented what cleaning meant to me and how I approached it and saw it.

But cleaning is both – if you look at your material space, so if you look at your walls, if you look at your furniture, your stuff, the cleaning you’re talking about is a much deeper and higher standard of cleaning. So you’re not just talking about cleaning the things you can see. You’re talking about cleaning everything, whether it’s visible or – you know, inside the closets, so it’s a much higher standard of cleaning.

But in my experience, you’re also talking about something else, which is cleaning the invisible space. In other words, within a – I believe that places have souls, so you’re talking about cleaning a place energetically. You’re talking about cleaning the whole field, so maybe if you could talk about that.

**EUNICE BOSTON:** Okay. You talk about cleaning the entire space, and I usually say we take care of the whole person. Mind is mind, body, spirit, and your homes, your places where you live, take on the energy of what

**“When you clean, you pretty much walk into each room in your home, house, wherever you live, and you assess. The best way to do it is to assess each room.”**



lives in it. Good, bad, indifferent, high, low, whatever, they're fields of energy.

When you clean, you're trying to fuse the two together, their magnetic fields of energy, and bring them – harmonize them with you as a person, as an individual, as a soul, and you want your space and you to be one.

So, one way to do that is by cleaning. Totally detailing, going over your surfaces, inside cabinets, underneath things; just unearthing all of that stuff because as you unearth it, you're lightening up your environment. You're lightening up the space. You're allowing a whole different energy to come in to where you live and totally transform.

**C. AUSTIN FITTS:** I used to try and explain to people what you did, and finally you and I came to a realization that you would let me buy people a gift certificate, and you would go do a deep cleaning of their house. And one of my partners called me afterwards in a state of complete transformation, and she said, "Why didn't you tell me that this is not just a cleaning? This is an entirely spiritual experience."

Isn't that what you're meaning, that sort of cleaning and realigning somebody with their space?

**EUNICE BOSTON:** Yes, most definitely. And the other thing is for each individual it's a different experience. Some people would say it's like a day at the spa because the cleaning of the house or apartment cleaning, one guy said, "I felt like you totally made it sparkling, my whole space. It was like a day when I'm at the spa where you do your face and everything."

He said, "That's pretty much what you did to my apartment." He said, "I tried to burn sage, do everything. It just didn't feel right. But you came in, and you cleaned it, and the energy, transfers of energy, different fields of energy that makes that space becomes totally different."

**C. AUSTIN FITTS:** Okay, so let's ask Millie and Courtney. Okay, Millie, what is cleaning?



**MILLIE PALMER:** To me, cleaning is a transformational pursuit for everyone that's involved, whether you are the one doing the cleaning or the one receiving the cleaning. It is not just removing the dirt and grime. It is a deeper activity that is transformational and enlightening and uplifting on every level.

It is hard to articulate the response, the feeling of joy and delight that comes over someone once their space has been cleaned. You must experience it for yourself the kind of cleaning that we are talking about today. It is not just a general cleaning, hit or miss. It is going deeper into the crevices, the corners, the forgotten spaces, which is really a reflection of our own self, our own inner state, and our own state of being.

**C. AUSTIN FITTS:** Okay, Courtney, what is cleaning?

**COURTNEY MCFARQUHAR:** To clean for someone is to offer the utmost support that enhances that person's life. It is a partnership, and like any partnership the relationship must be positively cultivated if it's to remain healthy and robust.

It is a noble profession. It is very hard physically, mentally, and emotionally, but more than anything else, what cleaning does, it offers both the cleaner, which is us, and the person that we're cleaning up at any day to say, "I got it."

**C. AUSTIN FITTS:** Eunice once described. She said, "All the space within your home is alive. It's living," so I think of it as kind of reenergizing your entire life space.

Okay, let's talk about the difference that cleaning has made in people's lives. And I have a doozy of a story, but we'll start with you. What's the difference that it makes to people when they discover what can happen when you have a really clean house?

**EUNICE BOSTON:** It's transformation. It's changing one's vision, that once they've experienced it, then everything they look at is with a different



vision. It's like getting brand-new glasses. "Oh. I didn't realize that was –." Everything looks different.

I usually say to people, "Once you've experienced it, you can't go home again." You can never settle back to that complacency or state as before because it's downloaded in your consciousness. It's in the way you look, the way you speak, and it comes into your life, into your being, and you're suddenly alive in a different way.

**C. AUSTIN FITTS:** I think a lot of us think that the way to make a space beautiful is to buy stuff, so is to buy fancy furniture, to have an expensive house, and they don't understand that part of making a space beautiful is this cultivation of what I call the "field" of the energy within a place.

So part of making your place wonderful, and part of making it just unbelievably clean, is understanding that the field and the energy within a space is real and you have to pay attention to it. Just like you need to paint your walls; you have to cultivate the field.

**EUNICE BOSTON:** And it's all about love. It's done with love. If you bring love to what you do, to the way you clean a space, to the way you clean the toilet, and it's like a love affair. I had one client. She said, "I don't know how she does it, but it's about love. It's all about love. It's that love thing she does."

And so I invite you to love your space. Get intimate with your space. Create a love affair with your neglected spaces. It's like any relationship. If you don't cultivate it – you have a plant, you don't water it, it just dies. So if your space is dead, neglected, flat-lined, you come in. It's beautiful, but it's there. It's just there. But once you clean it, it starts to vibrate. It laughs. It's infused. It's just wonderful.

**C. AUSTIN FITTS:** So what was it Millie was saying? You said you were talking to the table.

**MILLIE PALMER:** Well, from the standpoint that everything is energy,



everything is conscious, and if you look at the table, we are sitting at this table that is serving us unconditionally, unconditionally. It doesn't demand anything from us. It gives itself totally.

So we are inspired. We have to be inspired to take care of this table and give it our all as well, so cleaning it, cleaning it properly is part of that relationship, that dance that lifts everything to a higher ground.

**“We have to be inspired to take care of this table and give it our all as well, so cleaning it, cleaning it properly is part of that relationship, that dance that lifts everything to a higher ground.”**

**C. AUSTIN FITTS:** I have a wonderful radio show host sometimes I'll do things with, called Caroline Casey, and she says, “Take your home, and over time reorganize how you decorate your home so that everything in it was made by a person you know or came from someone you know and so that you create a much higher level of intimacy.”

**EUNICE BOSTON:** Because I believe that person's essence is in that piece, in that creation. Somebody's hard work and effort and love went into creating it, so, absolutely, that's real and that's alive. Yes.

**C. AUSTIN FITTS:** That's funny. I have two friends, who are sisters, and one has very low energy, and one is very high energy, and they can make the same soup with the same, exact recipe, and they taste entirely different. One is full of vitality and life, and the other's flat. It's the strangest thing.

But that's what we're talking about.

**EUNICE BOSTON:** Yes, exactly. I also think that it's important to connect your space to yourself, that the space is a reflection of you. And if you are not in a happy place within yourself, that's going to be reflected in the space in which you live. So the cleaning of the space is like cleaning away the cobwebs within your own being, and the two go hand in hand.



**C. AUSTIN FITTS:** So, Courtney, what's the difference that cleaning has made in people's lives? What's the difference it can make?

**COURTNEY MCFARQUHAR:** Let me just first say that Eunice is a master at what she does. I mean I've learned the many uses of vinegar, which to this day I use quite a bit, both in cooking as well as in cleaning. No one else on the planet is as detail-oriented as Eunice, and my takeaway from that over the years as I watched her is to realize that a lot of the cleaning that I was doing for other people, I was also doing it on the inside of myself.

**C. AUSTIN FITTS:** You can't clean the outside without it changing the inside.

**COURTNEY MCFARQUHAR:** Absolutely.

**C. AUSTIN FITTS:** Right. Are you ready to tell the Hamilton story?

**EUNICE BOSTON:** Go right ahead.

**C. AUSTIN FITTS:** Okay, so when I started the company in Washington, I asked Eunice if she would start a subsidiary and recruit people to do a company, basically a team of people in Washington to handle our company.

So I went to her wonderful chief financial officer, and I explained to him. I said, "I know the property management company will clean the offices for X, but I want to pay four times X and recruit a top company."

And I should just say Eunice is somebody who regularly does celebrities and famous people and well-known institutions, so this was a big deal to get her to start a team in Washington.

So we're going to pay four times as much, and we're going to get this person because – and one of the things I impressed on him is, "We're making very significant investments in our computers and software, and we leave at night, and then the folks who come in and do the cleaning in the facilities management are alone with all this stuff."



“We need people who we can trust, who will watch our backs, because you bring the wrong people in, you could lose everything. So this is a security issue. We need people of great integrity.”

And if you look at our office, we had very beautiful open offices. We won the American Institute of Architects for advanced facilities design, and they would only work if they were super clean.

So Brian trusted me and said, “Okay, I’ll try it.” And I’ll never forget because the – we had done the construction, and we had an investment banker, who I would say was not one of our most enlightened people.

And this is one of my favorite Millie stories because she came in, and the investment banker looked up and said, “Who are you,” and then, “Oh, right. You’re the cleaning company. You’re here to clean.” And Millie said, “No, we’re here to bring the light.” I’ll never forget it.

But it was a year later. We were sitting at a board meeting and the chief financial officer – we were going through the budgets, and one of the people on the audit committee said, “I’m looking at our facilities management budget, and it’s much more than what the property manager would charge us, and so I think we should think about using the property management.”

And Brian had had a year of EBT Associates and said, “Absolutely not,” because by then he understood exactly what we were talking about. It was very interesting to watch.

And so you became an integral part of the company, and the facilities manager you recruited to run it was your nephew, Ozzie, and Ozzie, among other things, was a chef.

And Ozzie would cook on the weekends, and he would bring the food in on Monday, and we never had an absentee. No one was ever sick on Monday. It was quite – but from the time Ozzie started to bring food and stock the kitchen, no one ever got sick at Hamilton Securities Group. It was quite amazing.



Anyway, so let me fast forward and tell the story of what happened during the litigation. Remember that?

**EUNICE BOSTON:** Yes.

**C. AUSTIN FITTS:** How could you forget? So the Department of Justice – and what I’m going to tell everybody now is the story of how Eunice Boston and her company literally saved my life. Do you agree?

**EUNICE BOSTON:** Yes.

**C. AUSTIN FITTS:** Yes, you do. Okay, so the Department of Justice seized the offices, and they had control for over a week, and what happened? I’ll ask Courtney. You remember. What happened?

**COURTNEY MCFARQUHAR:** I remember Ozzie and me, we were in the back hallway on the staircase, and we noticed that there was garbage thrown everywhere. You could smell the smell of pee, and on the top stairwell somebody also did a No. 2.

And at that point I was pushing back hard against – not even wanting to go any further, but because of who Eunice is and the job that we were there to do, I nevertheless tied a handkerchief over my face and went about cleaning it up.

**C. AUSTIN FITTS:** So they had really intentionally tried to –

**COURTNEY MCFARQUHAR:** Yes.

**C. AUSTIN FITTS:** And it’s hard to imagine because these offices were so sort of clean and pristine and beautiful, but they had really tried to destroy it. They had put –

**COURTNEY MCFARQUHAR:** They trashed it, yes. There was garbage everywhere.

**C. AUSTIN FITTS:** They trashed it. They put cigarette butts in the carpet.



They had thrown food around. They had thrown garbage around, and, as you said, done other scatological things.

When we looked at the office, I realized, “We have to clean it. We cannot leave the offices this way. We cannot let that stand,” and so I called Eunice in New York, and I said, “You have to send –.” It was like the scene from *The Godfather* when he says, “I need you to use all your powers.”

And so you came in, and Courtney was part of that team, and we cleaned the whole – or you cleaned the whole space, and I remember it was an incredible job. It was a very difficult job.

And when it was over, the property manager, who worked for the property management company, came in and he looked at it, and he was stunned because he thought he was going to have to clean it up. And he said to Ozzie, “I want you to call Austin and have her bring her lawyer in. I want to give her attorney an affidavit.”

And so I brought my attorney in, and it turns out that the team from the HUD Inspector General’s Office had tried to falsify information when they were in the office. They had gotten the property manager to take them downstairs, get an empty shredding bin. We had a shredding service, but we weren’t using it because of the subpoenas. We were keeping all of our trash.

They brought the shredding bin upstairs, and they opened the garbage bags, put garbage in the shredding, and then took accounting files out of the corporate files, put it on top, took the bin downstairs and started taking pictures. And he said to the attorney, “You can’t do that. That’s falsified.” And she said to him, “Shut up. It’s none of your business.”

And then she sent us a letter saying by seizing the office they had caught

**“I brought my attorney in, and it turns out that the team from the HUD Inspector General’s Office had tried to falsify information when they were in the office.”**



us shredding accounting records. They had caught us doing something, and they were trying to frame us on an obstruction of justice charge. And his affidavit was turned in to the court, and it stopped the whole thing dead.

And, in fact, it's very interesting. Later, when she failed to frame us, she had to resign and leave. I don't think I ever told you the job she got. She got put in charge of the ethics committee for the Bar Association in D.C.

**COURTNEY MCFARQUHAR:** Really?

**C. AUSTIN FITTS:** Yes. It's pretty scary.

I absolutely believe that if it hadn't been for your company and what you did that I would have ended up in jail on the frame charge or dead.

I've always believed that the cleaning – and it was interesting. When we finished the cleaning that time, there was a prayer circle, and we blessed the space. I don't know if you remember, but it was as though there was a spiritual covering on the space. And the whole enterprise that made what was really a demonic effort to frame us, it just failed. What do you –?

**EUNICE BOSTON:** Power of clean. But I don't want to forget something very important. This is our second take, and we left out some stuff that was very important. Millie and Courtney, they came in from a financial background, Millie from Wall Street, Courtney from trying to get people to –

**COURTNEY MCFARQUHAR:** Corporate.

**EUNICE BOSTON:** Corporate, okay. And so it's been a journey of letting go of what we know, or what we think we know, or the ego, in order to do this and to sign on for this work that's hard, that's brutal, that some days would take you places you don't want to go. But to rise above all of that and stand firm in integrity and survive this, it's awesome.



**C. AUSTIN FITTS:** Well, that's perfect because let's talk about what it's like to do cleaning as a practice. In fact, Millie and I come from very similar backgrounds on Wall Street, and I know – but both of you, Millie and Courtney, come from a corporate background, so you meet Eunice and you leave a very corporate background to a very entrepreneurial background of doing cleaning. What's that like? How'd that happen? Tell us the story.

**MILLIE PALMER:** It wasn't because I chose it.

**COURTNEY MCFARQUHAR:** Good answer.

**MILLIE PALMER:** It sort of just –

**EUNICE BOSTON:** You were drafted.

**MILLIE PALMER:** – drafted. I definitely didn't choose it in the sense that I set out to do it.

But Eunice and I were friends, and shortly after I had left my corporate position on Wall Street, we were having breakfast, and she was in a bind. She was short-staffed that day, and she asked me if I would help her out, and she needed someone, and that person was me, to go uptown right at that moment.

Once we left the restaurant, I had to head uptown. She wanted me to head uptown to clean the office of one of her clients, and I was specifically asked to clean the bathroom, the kitchen, and to throw out the garbage at every single desk.

And the moment was definitely surprising. Let's say that. It was definitely surprising, but in that moment I knew I was being tested. I knew it was a test of everything that I had thought of myself to be.

I had just embarked on a spiritual path, and I knew that there was no other answer that I could give her but yes. And so that was the beginning of working with Eunice, which has spanned over a decade.



And it was definitely part of my spiritual work, my spiritual journey.

It became a metaphor for my own inner cleaning, for cleaning up my own stuff, for working through the issues that I was working through at the time, and the process transformed me. It just accelerated my growth in terms of working on the ego issues. Here I was a corporate vice president for a major investment-banking firm, and now I'm cleaning toilets.

You know what. I can describe it as – cleaning was the grain of sand inside of the oyster, and through that process, that irritation, it formed the pearl.

**C. AUSTIN FITTS:** Can you tell the story about the ashram?

**MILLIE PALMER:** Oh. I had just met my spiritual teacher who has an ashram in Upstate New York, and I would go up on the weekends and for special events. And at the ashram everyone is assigned service. It's called seva, but it's a selfless service.

And on this particular trip, my seva was to sweep the back stairway with another person. Two of us were assigned to that particular seva, and we're sweeping, and we're sweeping, and it's – I think it was three floors, and then we got to the bottom floor, and we did not have a dustpan.

And the dirt had accumulated, and we're looking around trying to figure out what next to do – what do we need to do? And my seva partner turns to me and says, "Let's sweep the dirt under the rug."

**C. AUSTIN FITTS:** So she didn't understand.

**MILLIE PALMER:** Well, she definitely did not understand, but I do. Oh my God. We were at the ashram, and you're going to sweep the dirt under the rug?

I knew that was definitely not what this was about because service at the ashram was always deeper than just the process of cleaning, and the same



thing applies to Eunice and her work. It's not just about the cleaning. It goes so much deeper.

But I thought that was a metaphor. It was a very symbolic moment of how we tend to sweep things under the rug as opposed to going the whole way to clean up our stuff.

**“It was a very symbolic moment of how we tend to sweep things under the rug as opposed to going the whole way to clean up our stuff.”**

**C. AUSTIN FITTS:** See, I think – well, because it's a metaphor for what's been happening financially – we keep sweeping it under the rug and sweeping it under the rug and sweeping it around, and we think because you can't see it that it's really not there, but it is there.

**EUNICE BOSTON:** It is there. Yes.

**C. AUSTIN FITTS:** And just like the dirt in your house that you can't see affects your field, it affects your health – it's a metaphor for the whole thing. That's why our theme this year on *The Solari Report* is Coming Clean, and the one thing – Eunice used to tell me I can't save the whole country, but at least I can get in their house and clean them up one at a time.

**EUNICE BOSTON:** One at a time. Yes.

**C. AUSTIN FITTS:** And I saw it as sort of a conspiracy to turn around the corruption one family at a time. You clean up their house, and maybe you can take their mind up, and you can start to transform the country one dirty house at a time.

**MILLIE PALMER:** If I might say, just interject here about the financial aspect of the work when you said four times more. There's clean. There's cleaning, and then there is Eunice's cleaning, and no amount of money will ever compensate her for what she does, so it doesn't matter what she's given. It's never going to be enough for what she brings to the moment and to the client and to the experience.



**C. AUSTIN FITTS:** Well, people used to walk into Hamilton, and they would go, “Wow,” because the field was sparkling.

**COURTNEY MCFARQUHAR:** Energy.

**C. AUSTIN FITTS:** And the energy – and it was like magic, and people think you can only have that if you’re very wealthy, and there’s something magical, and you have to buy a Monet to get that. They don’t understand what creates that magic.

And anybody can have it, but it does take concentration. You have to look at the field, and you have to say, “Okay, we’re going to get the field here to sparkle.”

**MILLIE PALMER:** Yes, and that’s why we ultimately refer to it as a special magic because that’s really – there’s no other way of describing it.

**C. AUSTIN FITTS:** Right.

**COURTNEY MCFARQUHAR:** I just want to echo something that Millie said earlier, and that is this: I didn’t choose this. It chose me.

**EUNICE BOSTON:** He said he was minding his own business, and I entered and broke through that wall, and there I was.

**COURTNEY MCFARQUHAR:** It’s almost very misleading to believe that cleaning is very easy to do because it’s not. There are days when physically, mentally, emotionally, even spiritually I’m tested. This act of just vacuuming or wiping a piece of furniture, even doing the bathroom, sometimes physically, emotionally, mentally, and spiritually, “God, is this it?”

**C. AUSTIN FITTS:** Well, if you walk into a space, which is very dead or very dirty or very corrupt, there is a whole energy, which is draining. There’s a drain going on, and to dig that out and clean it out is energetically exhausting. I’ve encountered fields like that and literally you can become paralyzed. You can’t walk. You can’t move. It’s so exhausting.



**MILLIE PALMER:** I was going to say that I always say to Eunice – this is my thought and my thing – that cleaning is her ministry –

**C. AUSTIN FITTS:** It is a ministry.

**MILLIE PALMER:** – because what she does is she resurrects dying and dead spaces and brings them back to life with her love, with her integrity, with her hard work, with her focus, with every part of her being. That’s what she does – and with her artistry because she has – well, she has transformed cleaning into an art form, and that’s what she does.

**C. AUSTIN FITTS:** I travel a lot, and I stay with people, and they invariably like to cook, and I’m always the cleaner. I’m always the person who says, “Oh, I’ll do the dishes. I love to clean.” I’ve never been a cooker.

But what I’ve discovered is since my – Eunice doesn’t think of myself as strange, but I do. Ever since being around Eunice and understanding what she does, I think of cleaning as something which is very powerful. I think it has a way of getting and gathering and sharing power, and most people think of cleaning as something that’s just –

**EUNICE BOSTON:** Lowly.

**C. AUSTIN FITTS:** It’s a chore.

**EUNICE BOSTON:** Negative. It’s a chore. Yes.

**C. AUSTIN FITTS:** Millie wrote a beautiful piece that we’re going to put up on the blog post about Eunice and her company, but there were three words you used, which I thought was perfect because that’s now my experience. I get a lot of energy from cleaning. I like to clean.

The three words you used are sacred, noble, and mysterious because once you envision everything in a place as being intelligent and alive, and you’re engaging with those things and you’re energizing them, it’s a whole different thing. It’s a whole different – and it’s very powerful.



**MILLIE PALMER:** Yes, it is.

**EUNICE BOSTON:** And some spaces do not want to be cleaned.

**MILLIE PALMER:** That's true.

**EUNICE BOSTON:** We've had like – where the energy – you walk in, and it's so bad that you're drained. You can't even function mentally. I know this one particular job and things – we weren't touching anything – they just kept falling over.

And there was a young lady on the crew who was talking back, and she started laughing. I said, "It's not funny." She said, "Well, Eunice, what do you want me to do? If I don't make light of this," she said, "I'll lose my mind, so I have to because the energy in here doesn't want to be clean."

**C. AUSTIN FITTS:** I used to try and explain to people what you did, and I finally realized I'm just going to buy them a gift certificate. I'm just going to arrange for them to have a really deep cleaning by EBT and Associates.

And I'm sure that my one dear friend, William, won't mind me telling this story because William has a beautiful family, but he and his wife both work. They have three kids, and they just let the whole situation get away from them.

And finally I said, "Okay, we're going to kick start you with a spring cleaning," and I asked you and your team – how many people did you bring?

**EUNICE BOSTON:** Eight.

**C. AUSTIN FITTS:** Eight people – and you came in. Now, I know that wasn't the worst job you ever had, but it was –

**EUNICE BOSTON:** It was pretty much close to the worst.



**COURTNEY MCFARQUHAR:** It's one of the worst.

**EUNICE BOSTON:** It was up there with one of the worst, yes, because I'll tell you –

**COURTNEY MCFARQUHAR:** Eunice, let me just say this real quick. Austin, on that job, I swear on my mother's grave, I wanted to quit because when I walked in –

**C. AUSTIN FITTS:** I remember seeing your face, Courtney. Your face was –

**COURTNEY MCFARQUHAR:** Really? When I walked in – it was one of the toughest jobs, for sure.

**C. AUSTIN FITTS:** It was like an exorcism. It was a tough job. It was a tough job.

**COURTNEY MCFARQUHAR:** But what was amazing after those two and one-half days is when his wife came, and she looked me in the eye, and she said, "You know what. Thank you for getting intimate with our house. It will never, ever be the same again."

**C. AUSTIN FITTS:** Right. It's like an intercession.

**MILLIE PALMER:** And once you've had the experience of it, you see through a different lens, if you will. You just see life differently.

**EUNICE BOSTON:** What I remember from that job, it was so hard that we got – everybody did. I thought they were going to do something like, "You've really done it this time." They're looking at me like mean – "What do we do? Where are we supposed to start?"

And at that point, I had not a clue myself. But out of my mouth, I don't know where it came from, came, "Treat it like a palace."

**“What was amazing after those two and one-half days is when his wife came, and she looked me in the eye, and she said, ‘You know what. Thank you for getting intimate with our house. It will never, ever be the same again.’”**



**C. AUSTIN FITTS:** Oh, I remember that. Treat it like a palace.

**EUNICE BOSTON:** And everything changed after I said that.

**MILLIE PALMER:** But that was divine inspiration. That's at the heart of this. That's at the heart of this. Yes.

**EUNICE BOSTON:** And she wrote me a beautiful letter, but I remember to this day some of the words she said. "You cleaned away our dirty, grimy secrets, but you left us with our dignity."

**COURTNEY MCFARQUHAR:** Yes, I remember.

**C. AUSTIN FITTS:** And they're a beautiful family, and that's a nice little house.

**EUNICE BOSTON:** Yes.

**MILLIE PALMER:** I think because it speaks to more – nothing is what it appears to be. There's always more going on than meets the eye.

**C. AUSTIN FITTS:** Right. What I find many people in America don't understand is you can have a very modest house, but if you cultivate the field, it can be very beautiful. You don't need a lot of money.

**EUNICE BOSTON:** That's true.

**C. AUSTIN FITTS:** Now, you need to take the time, or you need to get Eunice to take the time, but you need to cultivate the field.

Okay, so I'm listening to this. I hear this. What should I do? Now, I just want to point out – I'm going to put your email address up on the subscriber space on the blog post, so if somebody's in the New York, New Jersey, Connecticut area, they can get you.

If they're willing to negotiate to fly you into Singapore, they can do that, but not everybody can fly you to Singapore. So I'm listening to this. I'm 3,000 miles away. What should I do?



**EUNICE BOSTON:** It's like a look-and-see. Look at your space from a whole different way of looking. Just look at what's around you. See how it feels.

**C. AUSTIN FITTS:** Like it's a palace.

**EUNICE BOSTON:** Yes. Look at things that you haven't looked at before. You thought you cleaned your bathroom, but all you did was spray that stuff that doesn't clean anything. You need to get the scrub brush and the Q-Tip and really get down there and get it done.

But once you start looking at your physical space, then bit by bit you're going to see what needs to be changed, what needs to be cleaned, and it's a willingness to do it and do it the right way.

**MILLIE PALMER:** Can I add something to that?

**C. AUSTIN FITTS:** Mm-hmm.

**MILLIE PALMER:** I think if you're in Singapore, and you feel within your heart that this is something that must be done, that you have to do, if you are not able to do it yourself, just that knowing will draw to you the support. That's how it works. If you are truly looking to make that change, the universe is going to rush in and support you, and you will find the help. You will find the person.

**C. AUSTIN FITTS:** I find it much easier to clean your house than mine because my house is full of my psychic garbage, whereas I'm not –

**COURTNEY MCFARQUHAR:** That's a good point. Yes.

**C. AUSTIN FITTS:** So I think people should get together and have parties, so this weekend we clean my house. Next weekend we clean your house so that you don't have to do it alone because I think it's hard to do it alone.

**MILLIE PALMER:** Well, if you can get that movement together, that would be fantastic.



**C. AUSTIN FITTS:** We have something called Solari Circle, so you can –

**MILLIE PALMER:** Yes, that would be fantastic.

**C. AUSTIN FITTS:** – invest money together. You can watch a documentary, but you can clean each other's house.

**COURTNEY MCFARQUHAR:** I was going to say it's just – like you're saying, it's so much easier to clean someone else's house than your own, and that's just how it is, so this party is a great idea. Let's get it started.

**EUNICE BOSTON:** And you said like the Yellow Cab said. We'll go where they go; we'll go anywhere.

**MILLIE PALMER:** We'll go anywhere.

**C. AUSTIN FITTS:** “We're not yellow. We go anywhere”?

**COURTNEY MCFARQUHAR:** Yes. We're not yellow. We go anywhere.

**EUNICE BOSTON:** And just for the fun of it, if you're in Singapore or California, wherever you are, you fly your decorators in because it's a nice conversation to say, “Well, guess what. I just had my decorator fly in from New York.” Well, you got the A-1 hit list squad.

**C. AUSTIN FITTS:** Okay, EBT Associates, you will never be the same. Eunice, I want to thank you so much for joining us on *The Solari Report* and for all your years of amazing experiences, and most of all for saving my life. That was much appreciated.

And I should just mention in a situation like that, many, many people are afraid. They run away. But you weren't afraid. You sent a team right in there, and your team wasn't afraid. I want to know why that was. How come you're fearless? When everybody else is running, you're fearless?

**EUNICE BOSTON:** Well, it's love and commitment and believing in you and



loving you as a person. Then there's nothing to be afraid about.

**COURTNEY MCFARQUHAR:** And last but not least, we were divinely inspired.

**EUNICE BOSTON:** All right. Love you. Thank you for – and I find over the years what you've done is make me climb the tree and go up to the tallest branch and say, "Don't worry. You can come down," and I'm like – and I have to figure out a way. "Okay, this is where I am. This is what I need to do," but you've always done that because of your faith in me and the way you see.

Like that time you had us do your house, have the floors done, changed your hardware.

**"...you've always done that because of your faith in me and the way you see."**

**C. AUSTIN FITTS:** Which house was that?

**EUNICE BOSTON:** That was – not Woodley Place, the last one there.

**C. AUSTIN FITTS:** Frazier Court.

**EUNICE BOSTON:** Frazier Court. And you said, "You and Ozzie, I need the floors finished, satin finish. I need chrome fixtures on my doors and chrome handles. I need this done, and this is the paint I need, so you go out and you get somebody –

**C. AUSTIN FITTS:** Go figure it out.

**EUNICE BOSTON:** – and figure it out.

**COURTNEY MCFARQUHAR:** Yes, Austin, you had a phrase back then. What was that phrase? She'll come in and just say, "Well –" it's not in sync, but you had a one-word phrase.

**C. AUSTIN FITTS:** Accord?

**COURTNEY MCFARQUHAR:** No, another one.

**C. AUSTIN FITTS:** Aligned?



**COURTNEY MCFARQUHAR:** No. What was it?

**EUNICE BOSTON:** Your uncle used to say it all the time.

**COURTNEY MCFARQUHAR:** No, Austin.

**EUNICE BOSTON:** I know, but her uncle used to say it.

**COURTNEY MCFARQUHAR:** There were times she would come by and phrase a chord and something is out of sync, she would use that one word. “This is not – make it right.”

**C. AUSTIN FITTS:** I don’t remember.

**COURTNEY MCFARQUHAR:** Okay, I’m going to ask Ozzie. It was just one word, but it means out of alignment. It’s not in alignment, or it’s not in sync. But you constantly used that phrase over and over. You would come by and take a look and say, “That’s not –,” one word. I’m going to ask Ozzie because I used to use that word a lot.

**C. AUSTIN FITTS:** That was a beautiful house.

**EUNICE BOSTON:** I can’t remember. Yes.

**C. AUSTIN FITTS:** Okay. Is there anything else, any other insights? Okay, Eunice Boston, thank you for being on *The Solari Report*.

**EUNICE BOSTON:** Thank you for having me.

#### DISCLAIMER

Nothing on The Solari Report should be taken as individual investment advice. Anyone seeking investment advice for his or her personal financial situation is advised to seek out a qualified advisor or advisors and provide as much information as possible to the advisor in order that such advisor can take into account all relevant circumstances, objectives, and risks before rendering an opinion as to the appropriate investment strategy.